Position	Name	Gender	Category	Club	Time
1	Ryan Roberts	Male	Senior	Cybi	00:35:58
2	Kevin	Male	50-59	Cybi	00:46:58
3	lan hamblin	Male	40-49	Cybi striders	00:49:17
4	Sara Sawicz	Female	Senior	Cybi Striders	00:51:01
5	Sonia Williams	Female	Senior	None	00:51:49
6	Barry Smith	Male	40-49	Cybi Striders	00:52:12
7	Dewi Williams	Male	50-59	Cybi	00:52:30
8	nigel holmes	Male	60-69	Cybi	00:55:26
9	Heulwen Pigott	Female	50-59	Cybi Striders	01:00:00
10	Di Holmes	Female	60-69	Cybi	01:01:32
11	Richard Furniss	Male	Senior	Cybi Striders	01:01:58
12	Pat Wilson	Female	50-59	Cybi Striders	01:03:33
13	Nigel Jones	Male	50-59	Cybi	01:04:56